




Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 11:30 Men's Group Lunch 1:30 Writers' Group 4:30 Happy Hour 7:00 Julie Thompson Concert	2 8:00 Walking Group 11:30-12:30 BBQ Lunch 1:30 Pick 'n Save Grocery Trip 3:00 Office Closes until Thursday 3:00 Transportation Service halts until Thursday 4:30 Happy Hour 7:00 Card Games	3 8:00 Walking Group 11:30-12:30 BBQ Lunch 1:30 Pick 'n Save Grocery Trip 3:00 Office Closes until Thursday 3:00 Transportation Service halts until Thursday 4:30 Happy Hour 7:00 Card Games	4  Office, Kitchen, & Salon Closed No Transportation Service <i>Capitol Bank Visit Cancelled</i>	5 Massage by Appt./Salon Closed 8:00 Office Re-opens 9:00 Farmers Market Trip 1:00 Genealogy Group 1:00 Metcalfe's Grocery Trip 1:30 Scrabble 3:15 Stretch & Tone Class 4:30 Happy Hour 7:00 Card Games	6 Salon by Appointment 9:00 Exercise 10:00 Dollar Store Trip 2:00 Matinee Movie 4:30 Happy Hour	7 Salon by Appt.	
8 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 1:30 Resident Birthday Party 4:30 Happy Hour 7:00 Card Games	9 8:00 Walking Group 10:30 Travel Documentary 1:30 Pick 'n Save Grocery Trip <i>[1:30 MAKE UP DATE: Senior Day at the Conservancy]</i> 4:30 Happy Hour 7:00 Card Games	10 8:00 Walking Group 10:30 Travel Documentary 1:30 Pick 'n Save Grocery Trip <i>[1:30 MAKE UP DATE: Senior Day at the Conservancy]</i> 4:30 Happy Hour 7:00 Card Games	11 8:30 Coffee Social 9:00 Exercise and Nurse Visit 12:30 Knitting w/ Neighbors 1:30 \$1/card BINGO! 4:30 Happy Hour 7:00 Card Games	12 Salon & Massage by Appt 9:00 Farmers Market Trip 1:00 Metcalfe's Grocery Trip 1:00 Jazz in July 3:15 Chair Yoga Class 4:30 Happy Hour 4:30-5:00 Dinner Piano Music 7:00 Card Games	13 Salon by Appointment 9:00 Exercise 10:00 Target Hilldale Trip 11:45 Ladies' Lunch Bunch 1-3:00 Regular & Diabetic Nail Care by Appointment 2:00 Matinee Movie 4:30 Happy Hour	14	
15 5:30 Potluck	16 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 1:00 Book Discussion Group 4:30 Happy Hour 7:00 Card Games <div style="border: 2px dashed black; padding: 5px; display: inline-block;">Gutter Cleaning Day</div>	17 8:00 Walking Group 9:00 Board of Directors Mtg 10:30 Travel Documentary 1:30 Pick 'n Save Grocery Trip 1:30 Four Seasons Theatre 4:30 Happy Hour 7:00 Card Games	18 <u>Library Books Due</u> 8:30 Coffee Social 9:00 Exercise and Nurse 11:30 Capitol Bank Visit 12:30 Knitting w/ Neighbors 1:30 Prosecco in July-o 4:30 Happy Hour 7:00 Card Games <div style="border: 2px dashed black; padding: 5px; display: inline-block;">Apartment Window Washing (July 18-19)</div>	19 Salon & Massage by Appt 9:00 Farmers Market Trip 9:30 Liaison Committee Mtg 1:00 Metcalfe's Grocery Trip 1:30 Scrabble 3:15 Stretch & Tone Class 4:30 Happy Hour 4:30-5:00 Dinner Piano Music 7:00 Card Games	20 Salon by Appointment 9:00 Exercise 10:00 West Towne Mall Trip 2:00 <i>Apollo 13</i> Movie in honor of National Moon Day 4:30 Happy Hour 	21	
22	23 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 2:00 Piano Performance 4:30 Happy Hour 7:00 Card Games 	24 8:00 Walking Group 9:00 Coffee Klatch with Kay 10:30 Travel Documentary 1:30 Pick 'n Save Grocery Trip 2:30 Agrace Hospice Talk 4:30 Happy Hour 7:00 Card Games	25 8:30 Coffee Social 9:00 Exercise and Nurse Visit 12:30 Knitting w/ Neighbors 1:30 \$1/card BINGO! 4:30 Happy Hour 7:00 Card Games	26 Salon & Massage by Appt 9:00 Farmers Market Trip 1:00 Metcalfe's Grocery Trip 3:15 Chair Yoga Class 4:30 Happy Hour 4:30-5:00 Dinner Piano Music 7:00 Card Games	27 Salon by Appointment 9:00 Exercise 11:45 Ladies' Lunch Bunch 2:00 Matinee Movie 3:00 Betty Lou Cruise Trip 4:30 Happy Hour	28	
29 2:00 Harp Music	30 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 4:30 Happy Hour 7:00 Card Games	31 8:00 Walking Group 1:30 Pick 'n Save Grocery Trip 4:30 Happy Hour 7:00 Card Games	<div style="border: 2px solid blue; padding: 10px; background-color: #e0f0ff;"> Priority & Social Wait List Members are invited to everything shown in BLUE on the calendar! Please RSVP by calling 608-836-8900. </div>				