

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Priority &amp; Social Wait List Members</b> are invited to everything shown in <b>ORANGE</b> on the calendar! <i>Please RSVP by calling 608-836-8900.</i>						1
2	3  <b>Office/Kitchen Closed</b> -No MG Transportation -No Men's Lunch -No U.S. Mail Delivery	4 <b>7:30 Trash Pick-up</b> 9:00 Walking Group 1:30 Pick 'n Save Trip <b>2:30 Gary Nelson Talk</b> <b>4:30 Happy Hour</b> 7:00 Card Games	5 8:30 Coffee Social 9:00 Exercise and Nurse 11:30 Capitol Bank Visit 12:30 Knitting w/ Neighbors <b>4:30 Happy Hour</b> 7:00 Card Games	6 Salon & Massage by Appt 9:00 Farmers Market Trip <b>1:00 Genealogy Group</b> 1:00 Metcalfe's Grocery Trip 1:30 Scrabble 3:15 Chair Yoga Class <b>4:30 Happy Hour</b> <b>4:45-5:15 Dinner Music</b> 7:00 Card Games	7 Salon by Appointment 9:00 Exercise <b>10:00 Dollar Store Trip</b> 2:00 Matinee Movie <b>4:30 Happy Hour</b>	8
9	10 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip <b>10:30-11:00 Computer Room Log-on Training</b> <b>1:30 Resident Birthday Party</b> <b>4:30 Happy Hour</b> 7:00 Card Games	11 9:00 Walking Group <b>10:30 "One Room School Houses" Documentary</b> 1:30 Pick 'n Save Trip <b>4:30 Happy Hour</b> 7:00 Card Games	12 8:30 Coffee Social 9:00 Exercise and Nurse 12:30 Knitting w/ Neighbors <b>1:30 \$1/card BINGO!</b> <b>4:30 Happy Hour</b> 7:00 Card Games	13 Salon & Massage by Appt 9:00 Farmers Market Trip 1:00 Metcalfe's Grocery Trip <b>1:30 Michael Gruber's Good Time Show</b> 3:15 Stretch & Tone Class <b>4:30 Happy Hour</b> <b>4:45-5:15 Dinner Music</b> 7:00 Card Games	14 Salon by Appointment 9:00 Exercise <b>10:00 Target Hilldale Trip</b> <b>1-3:00 Regular &amp; Diabetic Nail Care by Appt.</b> 2:00 Matinee Movie <b>4:30 Happy Hour</b>	15
16 5:30 Potluck	17 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip <b>1:00 Book Discussion Group</b> <b>4:30 Happy Hour</b> 7:00 Card Games	18 9:00 Walking Group <b>10:30 "Country School" Documentary</b> 1:30 Pick 'n Save Trip <b>4:30 Happy Hour</b> 7:00 Card Games	19 <u>Library Books Due</u> 8:30 Coffee Social 9:00 Exercise and Nurse 11:30 Capitol Bank Visit 12:30 Knitting w/ Neighbors <b>2:00 Middleton Hills Talk</b> 4:30 Happy Hour 7:00 Card Games	20 Salon & Massage by Appt 9:00 Farmers Market Trip <b>9:30 Liaison Committee Mtg</b> 1:00 Metcalfe's Grocery Trip 1:30 Scrabble 3:15 Chair Yoga Class <b>4:30 Happy Hour</b> <b>4:45-5:15 Dinner Music</b> 7:00 Card Games	21 Salon by Appointment 9:00 Exercise <b>10:00 West Towne Mall Trip</b> 2:00 Matinee Movie <b>4:30 Happy Hour</b>	22 <b>First Day of Autumn</b> 
23  30	24 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip <b>3:00 First Sing-a-Long Group</b> <b>4:30 Happy Hour</b> 7:00 Card Games	25 9:00 Walking Group 9:00 Coffee Klatch with Kay <b>1:00-3:00 Fall Open House</b> 1:30 Pick 'n Save Trip <b>4:30 Happy Hour</b> 7:00 Card Games	26 8:30 Coffee Social 9:00 Exercise and Nurse 12:30 Knitting w/ Neighbors <b>1:30 \$1/card BINGO!</b> <b>4:30 Happy Hour</b> 7:00 Card Games	27 Salon & Massage by Appt 9:00 Farmers Market Trip 1:00 Metcalfe's Grocery Trip <b>1:00 Sunsets in September</b> 3:15 Stretch & Tone Class <b>4:30 Happy Hour</b> <b>4:45-5:15 Dinner Music</b> 7:00 Card Games	28 Salon by Appointment 9:00 Exercise 2:00 Matinee Movie <b>4:30 Happy Hour</b>	29 <b>2:00 Varshavski-Shapiro Piano Duo</b>