





Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Salon & Massage by Appt 1:30 Metcalfe's Grocery Trip 1:30 Scrabble 3:15 Chair Yoga Class 4:30 Happy Hour 4:45-5:15 Dinner Piano Music 7:00 Card Games	2 Salon by Appointment 9:00 Exercise 10:00 Dollar Store Trip 2:00 Matinee Movie 4:30 Happy Hour	3
4 Daylight Savings Time Ends 	5 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 11:30 Men's Group Lunch 1:30 Writers' Group 4:30 Happy Hour 7:00 Card Games	6 Election Day 9:00 Walking Group 10:30 Fire Safety Town Hall Meeting with Battalion Chief 1:30 Pick 'n Save Grocery Trip 4:30 Happy Hour 7:00 Card Games 	7 8:30 Coffee Social 9:00 Exercise & Nurse 12:30 Knitting w/ Neighbors 1:30 \$1/card BINGO! 4:30 Happy Hour 7:00 Card Games	8 Salon by Appointment 1:30 Metcalfe's Grocery Trip 2:00 "Grief During the Holidays" 3:15 Stretch & Tone Class 4:30 Happy Hour 4:45-5:15 Dinner Piano Music 7:00 Card Games	9 Salon by Appointment 9:00 Exercise 10:00 Target Hilldale Trip 1:00-3:00 Regular & Diabetic Nail Care by Appointment 2:00 Matinee Movie 4:30 Happy Hour	10 10:30am Documentory with Donna
11 Veteran's Day	12 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 1:30 Resident Birthday Party 4:30 Happy Hour 7:00 Card Games	13 9:00 Walking Group 10:30 Documentary with Donna 1:30 Pick 'n Save Grocery Trip 2:30 Steve Doiel Concert 4:30 Happy Hour 7:00 Card Games	14 8:30 Coffee Social 9:00 Exercise & Nurse 11:30 Capitol Bank 12:30 Knitting w/ Neighbors 3:30 A Cappella Sing-a-Long 4:30 Happy Hour 7:00 Card Games	15 Salon & Massage by Appt 9:30 Liaison Committee Meeting 1:30 Metcalfe's Grocery Trip 1:30 Scrabble 3:15 Chair Yoga Class 4:30 Happy Hour 4:45-5:15 Dinner Piano Music 7:00 Card Games	16 Salon by Appointment 9:00 Exercise 10:00 West Towne Mall Trip 2:00 Matinee Movie 4:30 Happy Hour	17
18 5:30pm Potluck	19 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 1:00 Book Discussion Group 4:30 Happy Hour 7:00 Card Games	20 9:00 Walking Group 10:30 Documentary with Donna 11:00 Shred Event 1:30 Pick 'n Save Grocery Trip 4:30 Happy Hour 7:00 Card Games	21 <u>Library Books Due</u> 7:00 Trash Pick-up 8:30 Coffee Social 9:00 Exercise & Nurse 11:30 Capitol Bank 11:30-12:30 Thanksgiving Brunch 12:30 Knitting w/ Neighbors 3:00 Office Closes until Monday	22  <u>Office & Kitchen Closed</u> <u>No MG Transportation Service</u>	23  <u>Office & Kitchen Closed</u> <u>No Trash Pick-up</u> <u>No MG Transportation Service</u>	24
25	26 8:00 Office Re-opens 9:00 Exercise 9:45 Balance & Core Class 10:00 Walgreens Trip 3:00 Piano Sing-a-Long 4:30 Happy Hour 7:00 Card Games	27 9:00 Walking Group 9:00 Coffee Klatch with Kay 10:30 Documentary with Donna 1:30 Pick 'n Save Grocery Trip 4:30 Happy Hour 7:00 Thomas Jefferson Presentation	28 31 8:30 Coffee Social 9:00 Exercise & Nurse 12:30 Knitting w/ Neighbors 1:30 \$1/card BINGO! 4:30 Happy Hour 7:00 Card Games	29 Salon & Massage by Appt 1:30 Metcalfe's Grocery Trip 3:15 Chair Yoga Class 4:30 Happy Hour 4:45-5:15 Dinner Piano Music 7:00 Card Games	30 Salon by Appointment 9:00 Exercise 2:00 Matinee Movie 4:30 Happy Hour	